



Patient Instructions Following a Rapid Test

Today you had a blood test performed by your doctor. This “rapid test” will *not* show your doctor whether you currently have the COVID-19 virus. Instead it looks to see if your body is fighting an infection to the COVID-19 virus.

Patients who had symptoms (fever, cough, shortness of breath) at time of testing

- Your test was **NEGATIVE** – **this does not mean that you are not infected with COVID-19**. Your healthcare provider may recommend additional testing. You **must** continue to isolate yourself at home, away from others, and should **consider yourself to be infected** until follow-up testing is completed and your health care provider indicates you can stop self-isolation.
- Your test was **POSITIVE** – **you are infected with COVID-19**. Follow your health care provider’s directions. You **must** isolate from others for at least **3 days** after your fever goes away and your breathing returns to normal **and** at least **7 days** since you first noticed you were sick. DPH recommends exclusion from work until **7 days** after your fever goes away and your breathing improves, however please discuss this with your employer.

For patients without symptoms at time of testing

- Your test was **NEGATIVE** – **this does not mean that you are not infected with COVID-19**. You may not notice symptoms for up to 2 weeks following exposure to the virus that causes COVID-19. You **must** continue to practice social distancing and any appropriate instructions on exposure. Your employer may consider allowing you to return to work; however, you must wear a mask or face covering for a total of 14 days post exposure. Please notify your supervisor if you begin to develop symptoms and self-isolate at home.
- Your test was **POSITIVE for IgM** – **an antibody that indicates you have an active infection. You must consider yourself actively infected with COVID-19**. You **must** self-isolate for 7 days following the test. Please notify your supervisor if you develop symptoms, as isolation requirements may change in this setting. Home isolation may be discontinued under existing DPH guidance, using the rapid test result as the date of first positive test as long as you do not develop COVID-19 symptoms.
- Your test was **POSITIVE for IgG** – **an antibody that indicates you may have previously had the COVID-19 virus**. You should continue to follow all infection prevention instructions to avoid giving COVID-19 to others, including social distancing and wearing appropriate protective equipment.



Enstriksyon pou Pasyan Apre yon Tès Rapid

Jodi a ou te fe yon tes san pa dokte ou. "Tès rapid" sa a pap montre doktè ou si ou genyen viris COVID-19 la kounye a. Olye de sa li chache pou yo wè si kò ou ap goumen yon enfeksyon ki nan viris la COVID-19.

Pasyan ki te gen sentòm (lafyè, tous, souf kout) nan moman tès la

- Tès ou a te **NEGATIF** - sa pa vle di ke ou pa enfekte avèk COVID-19. Dokte ou ka rekòmande lòt tès. Ou **dwe** kontinye izole tèt ou lakay ou, lwen lòt moun, epi ou ta **dwe konsidere tèt ou tankou yon moun ki enfekte** jiskaske ou fè tès suivi a ak Dokte ou ki endike ou ka sispann pwòp tèt nan izolasyon.
- Tès ou a te **POSITIF** - ou enfekte avèk COVID-19. Swiv direksyon dokteou. Ou dwe izole ou de lòt moun pou omwen 3 jou apre lafyè la disparèt epi pou respirasyon retounen nòma, l **epi** omwen **7 jou** depi ou remake ou te malad. DPH rekòmande kanpe pou travay jouk pou **7 jou** apre lafyè ou disparèt ak respire ou amelyore, sepandan tanpri diskite sa avek travay ou.

Pou pasyan ki pa gen sentòm nan moman tès la

- Tès ou a te **NEGATIF** - sa pa vle di ke ou pa enfekte avèk COVID-19. Ou ka pa remake sentòm pou jiska 2 semèn apre ou ekspoze a viris la ki lakòz COVID-19. Ou **dwe** kontinye pratike distans sosyal ak nenpòt enstriksyon apwopriye sou ekspoze avek Viris la. Travay ou ka konsidere pèmèt ou retounen nan travay; sepandan, ou dwe mete yon mask oswa yon bagay pou kouvri figi w pou yon total 14 jou apre ekspoze. Tanpri enfòm sipèvizè ou si ou kòmanse devlope sentòm epi Izole tèt ou nan kay la.
- Tès ou a te **POSITIF pou IgM** - yon antikò ki endike ou gen yon enfeksyon aktif. Ou **dwe konsidere tèt ou aktivman enfekte ak COVID-19**. Ou **dwe** izole pwòp tèt ou pou 7 jou apre tès la. Tanpri enfòm sipèvizè ou si ou devlope sentòm yo, gen mwayen kondisyon izolasyon yo ka chanje nan anviwònman sa a. Ka izolasyon nan kay la ka elimine anba ki deja egziste gid DPH, lè l sèvi avèk rezilta tès rapid la kòm dat premye tès pozitif toutotan ou pa devlope COVID-19 sentòm yo.
- Tès ou a te **POSITIF pou IgG** - yon antikò ki endike ou te deja gen viris COVID-19. Ou ta dwe kontinye swiv tout enstriksyon prevansyon enfeksyon pou evite bay COVID-19 a lòt moun, kontinye pratike distans sosyal ak mete ekipman apwopriye pou pwoteksyon